

Expert Talk

Name of Event : Expert Talk on “**Personality Development**”.

Date of Event : 11/08/2023

Resource Person :

Dr. Mohini Gurav

Associate Professor

Head of Department of English and Languages,
SOET, Sandip University, Nashik.

Objectives:

- Identify the different tools to understand personality and how they are used.
- Describe how culture and belief system can shape and be shaped by personality.

Outcomes:

An expert talk had been organized for the students of the Mechanical Engineering Department. Expert Dr. Mohini Gurav madam explained the importance of personality development and their Personality development helps you gain recognition and acceptance from society as well as from the people around you. Personality development plays an essential role not only in an individual's professional but also personal lives. It makes an individual disciplined, punctual, and an asset for his or her organization. Madam had talked about some points which describe our personality like Manage stress, Resolve conflict, Improve time management, Listen actively, and Make better decisions, Develop emotional intelligence, Develop a reading habit, Express empathy, Improve public speaking skills.

Participants- SYME and TYME Mechanical Engineering Students.

Expert talks Photograph:

